No pain

Date of injury/onset of pain: \_\_\_\_\_ Cause: \_\_\_\_

#### What is the pain rating for your current condition using a scale of 0 - 10?



3 5 6 7 8 9 4 10 Mild pain Moderate pain Severe pain Worst pain

When do you feel your pain the most 
Constantly 
Morning 
Mid day 
Evening/Night 
Activity Dependent

Your pain is aggravated by: Sitting Standing Walking Kneeling Up/Down Stairs Running/hopping □ Twisting □ Reaching overhead/behind □ Bending □ Lifting/carrying □ Lying on your back/stomach/side □ Other:

Your pain is eased by: 
Rest Heat Ice Meds Massage Movement Other:

Do you currently or have you ever had any of the following? Yes No Exercise induced light headedness, chest Yes No Asthma or other respiratory disord	er
Yes No Exercise induced light headedness, chest Yes No Asthma or other respiratory disord	er
pain, or difficulty breathing	
Yes No Musculoskeletal Disorders Yes No Headaches	
Yes No Numbness and/or tingling Yes No Infection of any kind	
Yes No Heart Disease or chest pain Yes No Grinding of teeth and/or clenching	jaw
Yes No Stroke Yes No Diabetes	
Yes No Osteoporosis or Osteopenia Yes No Epilepsy or seizures	
Yes No Fall(s) or stumbling in the last year Yes No Vision Impairment or blurred vision	1
Yes No Cancer Yes No Hearing Impairment	
Yes No Depression and/or anxiety Yes No Tinnitis (ringing in the ears)	
Yes No High or low blood pressure Yes No Skin allergies	
Yes No Dizziness, fainting, and/or vertigo Yes No HIV or AIDS	
Yes No Other	

#### Explain if circled "Yes" for any of the above:

Have you ever sprained, strained, dislocated, tore or fractured any of the following:	Date of Injury:	Treatment received:
Neck/Head (including concussion)		
Trunk (ribs, vertebrae, sternum)		
Upper/Mid Back		
Low Back		
Upper Extremity (shoulder, arm, elbow, wrist)		
Lower Extremity (hip, leg, knee, ankle, foot)		

#### List all orthopedic/non-orthopedic surgeries you've had in the past or have scheduled for the near future: Surgery: Date: Doctor:

#### Please list all prescription and non-prescription medication(s) presently taking:

Women: Are you curre	ently pregnant?	Yes I	No	Have you had prev	vious pregnancies?	Yes	No
Medication:	Purpose:			Medication:	Purpose:		

What recreational activities/sports do you practice?

Have you ever had PT in the past? Yes No If so, for what injury, date(s), location of treatment?

#### I agree that the above information accurately describes my medical history and that I will notify my PT immediately should any changes occur.



Secondary Referral Source \_\_\_\_\_

### PATIENT INFORMATION

Date									
Name	(First)			(Last)				(Middle Initia	)
Address							_ APT #		
City				\$	State <u>-</u>		ZIF	o	
Home Phone				Cell Ph	one _				
E-Mail				Work Ph	one				
Social Security #	ŧ			Sex	М□	F□	Birth Date _		
Marital Status	МП	S 🗆 🛛 W 🗆	D D SO D	Spouse'	s Nam	ie			
Appointmer	nt remino	der preference	:	Voice cal		Text □	Email 🛛	No reminder	
EMERGENCY CC	ONTACT:								
Name			Phone #				_Relationshi	p	
Do you attend p	ohysical	therapy elsewh	nere?Yes 🗆	Where?					_No □
Have you been	treated	at Golden Gat	te Physical Thera	py before?	Yes	□ No			
How did you he	ar abou	t us?							
EMPLOYMEN		MATION							
Employer/Schoo	ol				_Occ	upation			
Dept			Address						
Status: 🗆 Full-T	ïme	□ Part-Time	□ Retired	Disability		Unemp	loyed		
MEDICAL INF	ORMAI	ION							
Treating Physicia	an(s)					_Phone			
Address						_Fax			
Date of Injury/ S	urgery o	nset							
Auto Accident	Yes 🗆	No 🗆							
Workers Comp	Yes 🗆	No 🗆	Employer						
Lawsuit	Yes 🗆	No 🗆	Attorney's Na	ame			Pr	ione	



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### TREATMENT AUTHORIZATION

Your signature is required below to authorize treatment. Your signature also authorizes the release of medical information needed to process your claim, allowing an assignment of benefits where a claim has been filed, and acknowledging your understanding of the above office policies. An additional treatment authorization signature is required by a parent/legal guardian for all minors.

Patient Signature	Date			
	/			
Parent or Guardian Signature	/	Print Full Name	Date	

### NOTICE OF PRIVACY PRACTICE (form available upon request)

Effective April 14, 2003, I, \_\_\_\_\_\_, hereby acknowledge receipt of Golden Gate Physical Therapy's Notice of Privacy Practices. Golden Gate Physical Therapy will use or disclose my PHI for the purposes of carrying out treatment, payment, and health care operations. The Notice of Privacy Practices provides detailed information about how the practice may use and disclose my confidential information.

I understand Golden Gate Physical Therapy has reserved the right to change its privacy practices that are described in the Notice. I also understand a copy of any Revised Notice will be provided to me or made available at my next office visit.

I give my consent to Golden Gate Physical Therapy to notify me of new facilities or services. I understand that I may revoke this consent at any time by giving written notice of my desire to do so, to Golden Gate Physical Therapy.

Patient Signature			Date		
	/				
Parent or Guardian Signature	/	Print Full Name	Date		

If you are not the patient, please specify your relationship to the patient \_\_\_\_\_

# **GOLDEN GATE PHYSICAL THERAPY**

### WE KINDLY REQUEST A 24 HOUR ADVANCED NOTICE FOR ANY APPOINTMENT CANCELLATIONS OR RESCHEDULING

## A \$100 charge will be applied as patient responsibility

for appointments missed or cancelled less than 24 hours prior to appointment time (insurance does not get billed for missed appointments)

### PLEASE BE TIMELY FOR APPOINTMENTS

Arriving more than 15 minutes late shortens your treatment time and may require a reschedule of your appointment.

### WHEN ABLE, PLEASE SCHEDULE YOUR FOLLOW UP APPOINTMENTS AT LEAST ONE WEEK IN ADVANCE TO SECURE THE TIMES THAT YOU NEED

<u>Appointment times given do not automatically follow through</u> <u>to the subsequent weeks</u>

## **NO SHOW POLICY**

If you do not show up to an appointment <u>a total of 3 times</u>, your future appointments will be automatically removed. To schedule you must call the office on the same day you would like to be seen.

**Patient Signature** 

Date