

Injury/primary complaint: \_\_\_\_\_

Date of injury/onset of pain: \_\_\_\_\_ Cause: \_\_\_\_\_

What is the pain rating for your current condition using a scale of 0 – 10?



When do you feel your pain the most  Constantly  Morning  Mid day  Evening/Night  Activity Dependent

Your pain is aggravated by:  Sitting  Standing  Walking  Kneeling  Up/Down Stairs  Running/hopping  
 Twisting  Reaching overhead/behind  Bending  Lifting/carrying  Lying on your back/stomach/side   
Other: \_\_\_\_\_

Your pain is eased by:  Rest  Heat  Ice  Meds  Massage  Movement  Other: \_\_\_\_\_

What is your current stress level? (Circle one)      Mild                      Moderate                      Severe

Do you currently or have you ever had any of the following?

Yes	No	Exercise induced light headedness, chest pain, or difficulty breathing	Yes	No	Asthma or other respiratory disorder
Yes	No	Musculoskeletal Disorders	Yes	No	Headaches
Yes	No	Numbness and/or tingling	Yes	No	Infection of any kind
Yes	No	Heart Disease or chest pain	Yes	No	Grinding of teeth and/or clenching jaw
Yes	No	Stroke	Yes	No	Diabetes
Yes	No	Osteoporosis or Osteopenia	Yes	No	Epilepsy or seizures
Yes	No	Fall(s) or stumbling in the last year	Yes	No	Vision Impairment or blurred vision
Yes	No	Cancer	Yes	No	Hearing Impairment
Yes	No	Depression and/or anxiety	Yes	No	Tinnitus (ringing in the ears)
Yes	No	High or low blood pressure	Yes	No	Skin allergies
Yes	No	Dizziness, fainting, and/or vertigo	Yes	No	HIV or AIDS
			Yes	No	Other _____

Explain if circled "Yes" for any of the above: \_\_\_\_\_

Have you ever sprained, strained, dislocated, tore or fractured any of the following:

- Neck/Head (including concussion)
- Trunk (ribs, vertebrae, sternum)
- Upper/Mid Back
- Low Back
- Upper Extremity (shoulder, arm, elbow, wrist)
- Lower Extremity (hip, leg, knee, ankle, foot)

Date of Injury:	Treatment received:

List all orthopedic/non-orthopedic surgeries you've had in the past or have scheduled for the near future:

Surgery:	Date:	Doctor:

Please list all prescription and non-prescription medication(s) presently taking:

Medication:	Purpose:	Medication:	Purpose:

Women: Are you currently pregnant? Yes No      Have you had previous pregnancies? Yes No  
What recreational activities/sports do you practice? \_\_\_\_\_

Have you ever had PT in the past? Yes No      If so, for what injury, date(s), location of treatment? \_\_\_\_\_

I agree that the above information accurately describes my medical history and that I will notify my PT immediately should any changes occur.

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_



Referring Physician \_\_\_\_\_

Secondary Referral Source \_\_\_\_\_

**PATIENT INFORMATION**

Date \_\_\_\_\_

Name \_\_\_\_\_  
(First) (Last) (Middle Initial)

Address \_\_\_\_\_ Apt. # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-Mail \_\_\_\_\_ Fax # \_\_\_\_\_

Social Security # \_\_\_\_\_ Sex M  F  Birth Date \_\_\_\_\_

Marital Status M  S  W  D  SO  Spouse's Name \_\_\_\_\_

**Appointment reminder preference:** Voice call  Text  Email  No reminder

Emergency Contact:

Name \_\_\_\_\_ Phone # \_\_\_\_\_ Relationship \_\_\_\_\_

Are you currently being treated for physical therapy? Yes  Where? \_\_\_\_\_ No

Have you been treated at Golden Gate Physical Therapy before? Yes  No

How did you hear about us? \_\_\_\_\_

**EMPLOYMENT INFORMATION**

Employer/School \_\_\_\_\_ Occupation \_\_\_\_\_

Dept. \_\_\_\_\_ Address \_\_\_\_\_

Status  Full-Time  Part-Time  Retired  Disability  Unemployed

**MEDICAL INFORMATION**

Treating Physician(s) \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Injury/ Surgery onset \_\_\_\_\_

Auto Accident Yes  No

Workers Comp Yes  No  Employer \_\_\_\_\_

Lawsuit Yes  No  Attorney's Name \_\_\_\_\_ Phone \_\_\_\_\_

For office use: OA DX PN Chart INS

## **GOLDEN GATE PHYSICAL THERAPY POLICY**

**PLEASE INITIAL TO INDICATE YOU HAVE READ AND UNDERSTAND EACH ITEM.**

- I understand that as a courtesy Golden Gate Physical Therapy will verify my insurance coverage and benefits, as well as file therapy claims. **However, I accept the responsibility for settling the claim with my carrier.** \_\_\_\_\_
- **As a patient, I am responsible for settling my balance with Golden Gate Physical Therapy for any payments delayed, reduced, or denied by my insurance carrier.** \_\_\_\_\_

## **TREATMENT AUTHORIZATION**

Your signature is required below to authorize treatment. Your signature also authorizes the release of medical information needed to process your claim, allowing an assignment of benefits where a claim has been filed, and acknowledging your understanding of the above office policies. An additional treatment authorization signature is required by a parent/ legal guardian for all minors.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Guardian Signature

/ /  
Print Full Name

\_\_\_\_\_  
Date

## **NOTICE OF PRIVACY PRACTICE (see attached form)**

Effective April 14, 2003, I, \_\_\_\_\_, hereby acknowledge receipt of Golden Gate Physical Therapy's Notice of Privacy Practices. Golden Gate Physical Therapy will use or disclose my PHI for the purposes of carrying out treatment, payment and health care operations. The Notice of Privacy Practices provides detailed information about how the practice may use and disclose my confidential information.

I understand Golden Gate Physical Therapy has reserved the right to change its privacy practices that are described in the Notice. I also understand a copy of any Revised Notice will be provided to me or made available at my next office visit.

I give my consent for Golden Gate Physical Therapy to notify me of new facilities or services. I understand that I may revoke this consent at any time by giving written notice of my desire to do so, to Golden Gate Physical Therapy.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

If you are not the patient, please specify your relationship to the patient \_\_\_\_\_

## **GOLDEN GATE PHYSICAL THERAPY**

**WE KINDLY REQUEST A 24 HOUR ADVANCED NOTICE FOR ANY APPOINTMENT RESCHEDULING OR CANCELLATIONS**

A **\$75.00** charge will be applied as **patient responsibility** for any appointment missed or cancelled less than 24 hours prior to appointment time **(insurance does not get billed for missed appointments)**

**PLEASE BE TIMELY FOR APPOINTMENTS.** Arriving more than 15 minutes late shortens your treatment time and may result in a needed reschedule.

**WHEN ABLE, PLEASE SCHEDULE YOUR FOLLOW UP APPOINTMENTS AT LEAST ONE WEEK IN ADVANCE TO SECURE THE TIMES THAT YOU NEED**  
Appointment times given do not automatically follow through to the subsequent weeks

### **NO SHOW POLICY**

If you do not show up to an appointment **a total of 3 times**, your future appointments will be automatically removed. To schedule you must call the office on the same day you would like to be seen.

Workers Comp Patients: your adjuster will be contacted if you do not show up to an appointment **a total of 3 times**. Continuation of care will not be permitted at Golden Gate Physical Therapy.

**THANK YOU FOR YOUR COOPERATION.**

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Patient Signature

Date